

DISASTER ASSISTANCE RESOURCES

DISASTER RELIEF

American Red Cross

1-800-733-2767

<http://www.redcross.org/get-help>

American Red Cross Safe and Well List

Register your name or search for a name.

<http://safeandwell.communityos.org/cms/index.php>

American Red Cross Shelters

Search for a shelter in your area.

www.redcross.org/get-help/disaster-relief-and-recovery/find-an-open-shelter

Centers for Disease Control and Prevention

(CDC) 1-800-CDC-INFO (800-232-4636)

www.emergency.cdc.gov

Emergency response and preparedness.

Federal Emergency Management Agency

(FEMA) www.fema.gov

Info on preparing for and recovering from disaster.

FEMA Disaster Assistance

Disaster-related Helpline: 1-800-621-3362

www.disasterassistance.gov

Find local resources and shelters, plus call or apply for assistance online.

United Way

Dial: 2-1-1 or visit www.211us.org

United Way offers access to many services in times of crisis as well as for day-to-day needs.

GOVERNMENT / LAW ENFORCEMENT

Department of Homeland Security

www.dhs.gov/index.shtm

Local law enforcement contact information

www.usacops.com (Dial 911 in an emergency)

SUPPORTIVE RESOURCES

Disaster Distress Helpline

1-800-985-5990 or text "TalkWithUs" to 66746

Crisis counseling and support for anyone experiencing emotional distress related to natural or human-caused disasters.

Disaster Help and Recovery Information

www.cigna.com/disasterresourcecenter

Click on the Disaster Resource Center link to find event-specific resources and tips to help support coping and recovery.

HELPING CHILDREN COPE

The National Child Traumatic Stress Network

www.nctsn.org/trauma-types/natural-disasters

Information on how to help a child cope with natural disasters, terrorism, and mass violence.

ANIMALS/PETS

American Society for the Prevention of Cruelty to Animals www.asPCA.org

Animal Humane Society

www.humanesociety.org/about/departments/disaster_preparedness.html

DONATE / VOLUNTEER

[American Red Cross](http://www.AmericanRedCross.org)

[FEMA](http://www.FEMA.gov)

[Feeding America](http://www.FeedingAmerica.org)

[Catholic Charities](http://www.CatholicCharities.org)

[Salvation Army](http://www.SalvationArmy.org)

Together, all the way.®



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