

Employee Assistance Program

CARING EXPERTS

Your employer has selected Bensinger, DuPont & Associates (BDA) to provide your EAP services. BDA is a leader in the field of Employee Assistance and has been providing employee assistance services for over 20 years. BDA has the experience to provide the assistance you need – whether you need help with day-to-day concerns or with a difficult crisis.



SERVICES PROVIDED BY
BENSINGER, DUPONT & ASSOCIATES.

www.bdaeap.com

Call BDA at (800) 272-2727 for your password.

FINDING SOLUTIONS THAT WORK

ENHANCING

work
life
family
WELLNESS

ACCESSING SERVICES

Simply call (800) 272-2727. Professional, master's degreed BDA Counselors are available to help 24 hours a day, seven days a week.

You can also visit us online at www.bdaeap.com.

Contacting your EAP is the first step toward finding a solution.

No problem is too large or too small to contact the EAP for assistance.

SERVICE OVERVIEW

Your EAP provides no-cost, confidential assistance for you and your family members. By calling the EAP, you can identify solutions to assist with depression, marital or family difficulties, addictions, stress, legal or financial problems.

REFERRALS AND RESOURCES

Your BDA Counselor can refer you for face-to-face counseling at a location that is convenient to your home or work.

Your BDA Counselor can also refer you to community resources for elder and child care, self-help groups or financial and legal resources for debt management.

EASY TO USE

Your BDA Counselor will help you assess your concern and help you take the first step toward finding a solution. The step may include meeting with a counselor for face-to-face visits, negotiating your health insurance benefits, or referring you to community resources.

SERVICES ARE CONFIDENTIAL

The information you discuss with the EAP is kept confidential in accordance with federal and state laws.

YOUR EAP CAN HELP WITH:

- Depression
- Stress Management
- Anxiety
- Family Conflict
- Relationship Problems
- Financial or Legal Concerns
- Alcohol or Drug Addictions
- Problem Gambling
- Parenting Concerns
- Child and Elder Care

FOR CONFIDENTIAL HELP
24 HOURS A DAY, 7 DAYS A WEEK

CALL (800) 272-2727
OR VISIT WWW.BDAEAP.COM